

# UHSAA General Best Practices and Guidelines

- 1. No shaking hands before/after game.*
- 2. As a minimum standard, players/coaches on bench/sideline are highly recommended to wear masks. Schools/Districts have the ability to make this mandatory.*
- 3. As a minimum standard, fans are encouraged to wear masks when social distancing isn't feasible. Schools/Districts have the ability to make this mandatory.*
- 4. Understand and practice school/district and local health protocols for COVID-19 prevention and tracking.*
- 5. Place signage in facilities to inform participants/spectators on protocol and best practices. School/district mandated policies should be communicated to all stakeholders prior to contest.*
- 6. Any players, coaches, or spectators who are sick shall not be engaged in practices and/or contests.*
- 7. Any schools who fill out the Utah Event Management form are required to file a copy of the form with UHSAA via fax/email. Please email copies to [bjackson@uhsaa.org](mailto:bjackson@uhsaa.org).*